

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Burger on W.W. Bun Coleslaw Fresh Fruit	F&F Chicken Avocado Rice Bowl Fresh Cut Fruit	F&F Chinese Chicken Salad_10/25/22 Fresh Cut Fruit	F&F BBQ Chicken Chopped Salad_10/25/22 Fresh Cut Fruit	F&F Yellow Lentil Soup Dinner Roll/Bread Fresh Cut Fruit	Grilled Chicken Lettuce, Tomato, Onion Bun Three Bean Salad	F&F Roasted Beet & Goat Cheese Salad Fresh Cut Fruit
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Brown Rice F&F Sautéed Lemon Garlic Butter Shrimp Buttered Italian Blend Vegetables (A)	F&F Chicken Fajita_10/19/22	Homemade Meatloaf Long Grain & Wild Rice Blend Fresh Green Beans	Penne Pasta w/ Pesto Sauce F&F Marinated Grilled Chicken Italian Blend Vegetables (A)	F&F Korean Beef_10/25/22 Brown Rice Stir Fry Vegetables	Beef Bolognese Whole Wheat Pasta Fresh Green Beans	F & F Asian chicken breast Brown Rice Stir Fry Vegetables

Seasonal

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!